

BACHELOR OF SCIENCE IN PHYSICAL EDUCATION and HEALTH (EC-12)

Program Overview

The Bachelor of Science in Physical Education EC-12 is designed principally for preparing individuals to teach Physical Education EC-12 (all level). The Physical Education program focuses on the academic, emotional, spiritual and social behaviors of the students.

Career Opportunities for Physical Education All-Level Majors

The physical education degree program is designed for a student preparing for a career as a teacher of Physical Education EC-12 in public schools. In addition, the program prepares the students for a career in the recreation field. It also provides foundation courses to prepare the student to pursue graduate study.

Objectives

The primary objectives of the programs are to:

1. Expose students to both theory and application of the physical education program standards.
2. Help students to acquire pedagogical methods for teaching at all levels.
3. Prepare students for all-level teacher certification and careers in physical education in both public and private elementary and secondary schools.

GENERAL DEGREE REQUIREMENTS

For the Bachelor of Science degree in Physical Education EC-12, the student must complete the following:

General Education Requirements	45	Semester Hours
Departmental Requirements	24	Semester Hours
Major Field of Study Requirements	<u>53</u>	Semester Hours
Total Semester Hours	122	

RECOMMENDED FOUR-YEAR CURRICULUM Bachelor of Science in Physical Education (EC-12)

Freshman Year

First Semester	Cr. Hrs.	Second Semester	Cr. Hrs.
BIOL 1401 Intro. to Bio Sciences w/ Lab	4	EDUC 2310 Introduction to Teaching	3
ENGL 1301 English Composition I	3	ENGL 1302 English Composition II	3
GESS 1100 Academic Success Seminar - PF	1	HIST 1301 US History I	3
GESS 1200 Academic Success Seminar	2	PHED 1111 Fund. of Health & Fitness II	1
HIST 2300 Intro to Afr Amer Studies	3	RELI 1301 Survey of Religion	3
MATH 1330 College Algebra	3	PHED 2312 History and Principles	3
PHED 1110 Fund of Health Fitness I	1	GEUP 1002 General Education Enrich Program	<u>0</u>
GEEP 1001 General Educ Enrich Program	<u>0</u>		16
	17		

Sophomore Year

First Semester			Cr. Hrs.	Second Semester			Cr. Hrs.
SPCH	2300	Speech Communication	3	ENGL	2311	World Literature I	3
HIST	1302	United States History II	3	CLAP	3099	Rising Junior Exam	0
PHED	2338	Care and Prevention of Athletic Injuries	3	EDUC	3313	Hum Growth & Devel/Educ Psych	3
EDUC	4306	Test Prep Course	P/F	PHED	3303	Kinesiology	3
SPAN	2301	Elementary Spanish I	3	HUMA	2300	Humanities	3
GEEP	2001	General Educ Enrich Program	0	SPAN	2302	Elementary Spanish II	3
			15	GEEP	2002	General Education Enrich Program	0
Application for EPP Admission							0
(Earn 60 credits with 2.75 career GPA and 3.0 content GPA)							15

Junior Year

First Semester			Cr. Hrs.	Second Semester			Cr. Hrs.
BIOL	3441	Anatomy & Physiology I w/Lab	4	BIOL	3442	Anatomy & Physiology II w/Lab	4
EDUC	3307	Educ Strat & Classroom Mgmt	3	PHED	3307	Health Education	3
EDUC	3343	Assessment & Evaluation for Learning	3	EDUC	3383	Multicultural, Diverse, and Exceptional Learners	3
PHED	4316	Meas & Evals in Phys. Ed.	3	PHED	3334	Adapted Physical Education	3
PHED	3385	Coaching Team Sports	3	BIOL	2301	Nutrition	3
GEEP	3001	Gen Educ Enrich Program	0	GEEP	3002	General Education Enrich Program	0
TXES Practice Exam (PPR and Content)			0	TXES Practice Exam (PPR and Content)			0
			16				16

Senior Year

First Semester			Cr. Hrs.	Second Semester			Cr. Hrs.
EDUC	3377	Technology in Education	3	EDUC	4358	Educ Comm/ Professional Development	3
EDUC	4359	Reading in Content Areas	3	EDUC	4612	Student Teaching*	6
EDUC	4306	Education Seminar	3	*Complete 560 clock hours with grade "B" or better			0
PHED	4327	Org & Admin of Phys Ed	3	Teaching Certificate and Career Placement			0
PHED	4379	Phys & Rec Activities for Elem & Sec Schools	3				9
GEEP	4001	General Educ Enrich Program	0				
Pass both state exams before student teaching			0				
			15				
Total Semester Hours							122

General Education Requirements (46 hours)

			Semester Hours
BIOL	1401	Introduction to Biological Sciences with Lab OR	4
PHYS	1402	Introduction to Physical Sciences with Lab	
ENGL	1301	English Composition I	3
ENGL	1302	English Composition II	3
ENGL	2311	World Literature I	3

GESS	1200	Academic Success Seminar	2
HIST	1301	US History I	3
HIST	1302	US History II	3
HIST	2300	Introduction to African American Studies	3
HUMA	2300	Humanities	3
MATH	1330	College Algebra	3
PHED	1110	Fundamentals of Health and Fitness I	1
PHED	1111	Fundamentals of Health and Fitness II	1
RELI	1301	Survey of Religion and Philosophy	3
SPAN	2301	Elementary Spanish I	3
SPAN	2302	Elementary Spanish II	3
SPCH	2300	Speech Communication	<u>3</u>
Total Semester Hours			45

Departmental Requirements

			Semester Hours
EDUC	2310	Introduction to Teaching	3
EDUC	3307	Educational Strategies and Classroom Management	3
EDUC	3340	Curriculum Development & Planning	3
EDUC	3342	Diagnostic and Remedial Reading/Dyslexia Training	3
EDUC	3313	Human Growth and Development w/ Educational Psychology	3
EDUC	3383	Exceptional, Multicultural, & Diverse Learners	3
EDUC	4306	Education Seminar	3
EDUC	4358	Educator Communication & Professional Development	<u>3</u>
Total Semester Hours			24

Courses Required to Satisfy the Major Field of Study Requirements for Early Childhood Education students:

			Semester Hours
BIOL	3441	Anatomy and Physiology I with Lab	4
BIOL	3442	Anatomy and Physiology II with Lab	4
BIOL	2301	Nutrition	3
EDUC	3377	Technology and Education	3
EDUC	4612	Clinical Experience - All Levels	3
PHED	2312	History and Principles of Physical Education	3
PHED	2338	Care & Treat. of Athletic Injuries or First Aid	3
PHED	3303	Kinesiology	3
PHED	3307	Health Education	3
PHED	3334	Adapted Physical Education	3
PHED	3385	Coaching Team Sports	3
PHED	4316	Measurement and Evaluation in Physical Education	3
PHED	4327	Organization & Administration of Physical Education	3
PHED	4379	Physical and Recreational Activities for Elem. & Secondary Schools	<u>6</u>
Total Semester Hours			53